

## **CONTENTS**

Andres A.S. Physical education of students, considering their physical fitness level	103
Badau D. The educational impact of implementation the education through adventure discipline	
in physical education and sports academic curriculum	108
Fotynyuk V.G. Determination of first year students' physical condition and physical fitness level	116
Kolumbet A.N. Ways of technical training perfection in rowing on kayaks	121
Nagovitsyn R.S., Volkov P.B., Miroshnichenko A.A. Planning of physical load of annual cycle of students',	
practicing cyclic kinds of sports, training	126
Özkara Abdullah Bora, Kalkavan Arslan, Alemdağ Serdar, Alemdağ Ceyhun, Çavdar Selma. The role	
of physical activity in pre-service teachers' subjective vitality	134
Sereda I.O., Lavrin G.Z., Kucher T.V. Influence of Yoga means on students' biological age indicators	140
Zerf Mohammed, Atouti Noureddine, Ben Farouk Abdullah. Abdominal obesity and their association	
with total body: fat distribution and composition. Case of Algerian teenager male high school students	146
Information	152